

IMPROVING WORKPLACE WELLNESS

A small investment with a Big Payoff!

Here are a few low-cost steps you can take:

1. Start a workplace wellness program. We sell two Purell Workplace Wellness Kits that include educational material that will help you get started.
2. Offer employees healthy snack options. In this catalog, you will find a variety of nutritious snacks including fruit and vegetable juices, low-fat enriched cereal bars, trail mix bars and more.
3. Regularly disinfect phones, desks, computer keyboards, and surrounding items. These surfaces typically top the charts for bacteria levels. Phones can harbor more than 50 times more germs than restroom surfaces.
4. Keep a hand sanitizer at your desk and use it throughout the day. The Purell Pal features a cute cartoon-like character that dispenses a refreshing formula that kills 99.99% of most common germs in as little as 15 seconds.
5. Coffee mugs and glasses are breeding grounds for germs and viral infections, so wash them regularly. Or use disposable cups.
6. Use products made with antimicrobial materials to inhibit the growth of bacteria, mold, mildew, and fungus. You'll find a full assortment of these products ranging from pens and file folders to keyboards and mice.



Hand sanitizers kill common germs in seconds to help prevent illness.



Improving workplace wellness is a win-win proposition.

Employees are happier and more productive, and employers reduce healthcare costs and absenteeism. Statistics show an overall savings of as much as \$5 for every dollar spent to make workers healthier. A recent survey of hundreds of companies found that 41% are already implementing health-related strategies. It makes good sense and it pays big dividends.

Article courtesy of:



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